



2018 IWLCA STX CAPITAL CUP SPECIFIC RULES

The IWLCA Capital Cup will use US Lacrosse rules in 2018. The tournament will use the following format:

- Each game will consist of two 25-minute halves on a central horn
- Games may end in a tie
- Teams are allowed ONE (1) time-out PER GAME
 - The clock does not stop during the time out
- 8 Meters occurring at the end of either half will be played out

Playoff Notes:

- Playoff brackets are grouped by ranking within each division
- Teams will be placed according to their record and then goals against during pool play
- Each bracket has specific advancement specifications
- Games ending in a tie during play-off play ONLY (not consolation) will play a sudden death overtime. First goal wins.