

# 2019 Tournament Rules

*2020 US Lacrosse rules will be used including free movement. All Teams will follow these rules:*

- Games will consist of two (2) 25 minute halves with a 5-minute half time. There will be 5 minutes in between each game.
- Games clock will run at all times and result may end in a tie. No time outs. If, at the end of each half, an 8M shot has been whistled, the shot will be awarded. One shot, no rebound play.
- Pregame stick checks will not be performed. Officials can perform random stick checks at their discretion.
- Alternate possession – the team listed first on the schedule receives the first alternate possessions. After initial possession is awarded, the possession will then alternate.
- Numbers are required on front and back of uniforms. All other uniform specifications regarding colors, etc. will NOT be enforced. Goalies MUST wear thigh pads AND shin guards as required by US Lacrosse rules. Taped jewelry on any player at any level is illegal and not allowed.
- The IWLCA has requested that all players that have committed to a college and will be participating in 2019 IWLCA tournaments to wear an armband as part of their uniform. This will make it easier for the college coaches recruiting for the weekend.
- Club coaches (including college players serving as coaches) are responsible for the players having and using the proper US Lacrosse certified lacrosse equipment. Any issues or injuries due to lack of the proper equipment falls on the shoulders of the coaching staff.
- The head coach will be responsible for the behavior of personnel affiliated with their team, including all assistant coaches and fans, and will receive any cards related to lack of bench decorum.
- A yellow or red card to the coach counts towards the “team fouls” and a player must be removed for 2 minutes.
- Players receiving two (2) yellows will **not** have to sit the **following** game but it will be reported to the tournament director and subsequent cards could result in suspension. A coach or player receiving a red card could be required to sit an additional game. All decisions on penalties for cards will be at the discretion of the tournament committee and the head official.

**PLEASE NOTE: At each field, there is a coach’s box that is reserved for college coaches only. This area is intended to give the colleges the best opportunity to watch the games and scout potential players.**

**Please do not enter or take chairs from the box and do not disturb the coaches while they are scouting.**

**Thank you.**